

'Walking The Way'

A reflective walk

Mount Zion to Ogden Water

On the walk you will find something you will need to collect or take along with you on the journey.

Use these sheets as a guide for your journey each time or scan the QR code on your smart phone to watch the video for that point.

Walk 7 Mount Zion to Ogden Water **1 mile (3 mile round trip)**

Start Point Mount Zion, Per Lane, Upper Brockholes Halifax, HX2 8XG



Scan to watch
start point reflection
video

Gathering: We gather at this place of History, a place of yesteryear, a place of the past, today a place of the present and tomorrow a place of the future.

On this Good Friday we are reminded of the steps that Jesus took and where those steps led him and the burden of the 'weight of the world' he carried along with him. Perhaps as you take your steps today you might think of those steps Jesus took ultimately to the cross.

We journey now, taking steps down this path where thousands have trod before, out of the gate and onwards to somewhere else.

This is a journey of new experiences, new opportunities and new things to see and take in with each breath and each step.

Opening Prayer : Lord as we take these steps on this journey, enable us to see you in the things we see, hear you in the things we hear and experience something of your presence and love as we journey on. Amen

Walk to Point 1 - turning left out of the gate and left at the main road. Walk along Keighley Road and take next left after Rocks Lane 100 yds then down track. Follow the track until come to reservoir and go through gate opposite behind the Information Centre to Point 1.

Point 1 Information Centre Picnic Area



Scan to watch
Point 1 reflection
video

Reflect:

- Be Still, Take a look around, what do you see?
- There are tables and seats, a bird feeder a well and a great view. This is a place of rest and replenishment. How does this make you feel?
- Does this place help you connect with God? If so, how?
- Take another look and this time think about how Nature and humans interact.
- Consider if you see something of God in this place.
- Think about your life and your journey through life, think of those times you believe God has been present.
- Appreciate and be thankful for places like this and the experiences you have.

Perhaps you might like to say thank God for giving us a wonderful creation to be able to immerse ourselves in and recognise him in.

As you journey on think about what you have just experienced.

Let's journey on to Point 2 - 1st Bridge

Move on so that lake is on the left and follow to far end until you come to a bridge.

Point 2 1st Bridge



Scan to watch
Point 2 reflection

Reflect:

- Take a look around what do you see?
- What draws your attention?
- Look to the back of the small pool and watch the water coming into it down the small waterfall.
- As the water from above joins the water below it makes a difference to the pool. What things coming into your life have made a difference?
- You will notice the water then joins the reservoir bringing refreshment and life to millions of people. What things that you have joined makes a difference and brings refreshment and life to you and other people?
- Be thankful for the things in your life that bring you life and are also life giving for others.
- Think about the journey Jesus was on and how he brought life and hope to those who met him.

Perhaps you might like to say thank you to God for those things that give you life and are life-giving to others.

As you journey on think about what you have just experienced.

Let's journey on to Point 3 - Footprint

After bridge take the right hand track and go up. (steep climb up steps)

At top continue to follow path and go left.

As you descend you will come to a crossroads with a stone with a footprint on it (on the right).

Point 3 Footprint



Scan to watch
Point 3 reflection
video

Reflect:

- Be Still, take a look around, what do you see?
- Notice the footprint etched in the stone. As you look at it what do you imagine?
- Jesus footprints carrying the cross will have been etched in the dust of the road. Think about the feet of Jesus digging into the dust under the weight of carrying such a huge burden.
- Think about the burden you have carried on your journey through life.
- Appreciate and be thankful that you are not alone to carry the burdens of life.

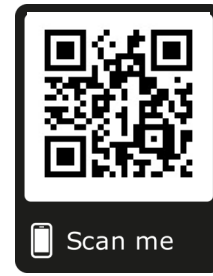
Perhaps you might like to say Thank you to God for giving you the opportunity to cast your burdens on him.

As you journey onwards think about what you have just experienced.

Let's journey on to Point 4 - Giants Tooth Stone and Stone Circles

Turn upwards and follow the path up to stone/ circles.

Point 4 Giants Tooth Stone and Stone Circles



Scan to watch
Point 4 reflection
video

Reflect:

- Be Still, take a look around, what do you see?
- As you stand within the stone circle and focus on the main central stone think about what is at the centre of your life.
- How important is that thing?
- Now take out your palm cross and hold it in your hand.
- Think about what that cross represents.
- Jesus is the centre of Christianity and gave his life because God loves you.
- (On this Good Friday) as you hold the cross in your hands consider what that means for you.
- When you are ready perhaps you might like to stand for a few moments and leave your cross on the central stone in recognition of God's love for you.
- Appreciate and be thankful for places like this and the experiences you have here.

Perhaps you might like to say Thank you to God for his unconditional love for you

As you journey back to Mount Zion and while doing so you might like to think about what you have experienced so far.

Let's journey on to the Finish Point - Mount Zion

Move on back down to the crossroads and back down to the lake on a route that suits you. To continue make sure the lake is on your left and go along the Promenade then turn right down the lane you originally came from.

The End of the Journey— Mount Zion

Enter through gate and up path (if open- if not walk up track and in through top small gate) finish in Stone walled area (Irene's Garden)



Scan to watch
End point reflection
video

Reflect:

This garden was created from a legacy from a lady who spent a lot of time here.

- Perhaps you might like to think about the legacy you will leave behind.
- What will people say of you?
- Look at the Stone in the centre and the words etched within it. 'Time how short, Eternity how long'. Think of those words and let them sink in to your very being.
- Think about your life, what you have done so far, but think of the opportunities and possibilities still open to you.
- The fact you are here in this place today, means that the Legacy Jesus left has had an effect upon this place and you.

END: We have completed this journey either over the course of Lent or just today. Be thankful and appreciative of all you have experienced along the journey. Perhaps you might like to think more about Jesus, his love for you and the sacrifice he made for you upon the cross.

Prayer: Lord we thank you for all we have seen, heard and experienced along this journey. We thank you that we have seen something of you and your love through creation. We thank you for those who have journeyed so far with us and have blessed us along the way. Amen

JOURNEY HOME and be blessed

If you would like to make any comments on the walk, your thoughts and reflections from it, please either email : calderdale.cmet@gmail.com or post your comment on our Facebook page

website : www.calderdalemethodistcircuit.org.uk